

Support

- 🌈 PFLAG of Riverside - 2nd Sunday each Month from 6:30 pm
St. George's Episcopal Church
950 Spruce St. near the corner of Watkins Drive., Riverside, CA
- 🌈 Transgendered Soul 909-338-9762
Second Saturday of the Month
- 🌈 First Congressional Church UCC
3041 North Sierra Way San Bernardino CA 92405

Bars and Clubs

- 🌈 The Hook Up (909) 620-2844
1047 E 2nd St Pomona, CA 91766
- 🌈 340 Restaurant and Night Club (909) 865-9340
340 S Thomas St Pomona, CA 91766
- 🌈 Oasis Night Club (909) 920-9590
1386 E Foothill Blvd Upland, CA 91786

Other Resources

- 🌈 Open and Affirming Church Directory <http://www.ucccoalition.org/programs/ona/>
- 🌈 Equality Inland Empire
www.eqie.org
- 🌈 Equality California
www.eqca.org
- 🌈 www.Transgendercounseling.com
- 🌈 Even More Resources:
Conjure.com/glb.html
- 🌈 Queer Muslim Resources:
Starjack.com/qmr.html

Queer Resource Center of the Claremont Colleges

395 E. 6th Street, Claremont, CA 91711
(909) 607-1817

QRC hours

Monday-Thursday 10:00 AM - 6:00 PM
Friday 10:00 AM - 5:00 PM

Clinebell Institute

Counselors available by appointment, messages taken 9am-8pm Monday through Friday

Butler Building 3rd Floor

909-451-3690

TCI@cst.edu

Campus LGBTIA GROUP E-MAIL
cst.lgbtqia@gmail.com



LGBTQIA RESOURCE GUIDE

*For your physical, emotional,
sexual, spiritual and mental
wellbeing*

LGBTQIA RESOURCE GUIDE

Religious Communities

- 🌈 Claremont United Methodists Church 909-624-9021
 - 🌈 211 W. Foothill BLVD Claremont CA 91711
- 🌈 Unity of Pomona: a New Thought Interfaith Community 909-629-3035
 - 🌈 524 E. Pasadena, Pomona 91767
- 🌈 St. Ambrose Episcopal Church 909-626-7170
 - 🌈 830 Bonita Avenue Claremont, CA 91711
- 🌈 Claremont Presbyterian Church (909) 624-9693
 - 🌈 1111 N. Mountain Avenue Claremont, CA 91711
- 🌈 Our Lady of the Assumption (909) 626-3596
 - 🌈 435 Berkeley Avenue • Claremont, CA 91711
- 🌈 Claremont United Church of Christ (909) 626-1201
 - 🌈 233 W. Harrison Avenue Claremont, CA 91711
- 🌈 Redlands United Church of Christ (909) 793-3520
 - 🌈 168 Bellevue Avenue Redlands, CA 92373
- 🌈 First Congregational United Church of Christ 909-886-4911x149
 - 🌈 3041 N. Sierra Way, San Bernardino CA 92405
- 🌈 Universalist Unitarian Church of Riverside (951) 686-6515
 - 🌈 3657 Lemon Street, Riverside, CA 92501
- 🌈 Hollywood United Methodist Church 323-874-2104
 - 🌈 6817 Franklin Avenue Hollywood, CA 90028
- 🌈 Metropolitan Community Church
 - 🌈 Los Angeles: 323-669-3434

- 4607 Prospect Avenue Los Angeles, California 90027
 - 🌈 North Hollywood: 818-762-1133
 - 5730 Cahuenga Boulevard North Hollywood, CA 91601-2105
- 🌈 Temple Beth El 951-684-4511
 - 🌈 2675 Central Ave. Riverside CA 92506
- 🌈 MPV Unity Mosque
 - 🌈 5998 W Pico Blvd, Los Angeles, CA 90035-2657
 - 🌈 info@mpvusa.org
 - 🌈 Join Virtually:
<http://www.ustream.tv/channel/mpvunitymosque-la>
- 🌈 The Gay Men's Buddhist Meditation Group of Los Angeles 213-382-7710
 - 🌈 http://gaymeditation.com/Gay_Meditation_Group.html

Health and Wellness

Domestic Violence

- 🌈 House of Ruth
 - 🌈 24hr 909-988-5559
 - 🌈 Pomona Outreach 909-623-4364
- 🌈 National Domestic Violence Hotline
 - 🌈 www.ndvh.org
 - 🌈 1-800-799-SAFE (7233)
- 🌈 Rainbow Domestic Violence
 - 🌈 <http://www.rainbowdomesticviolence.itgo.com/>
- 🌈 Gay Men's Domestic Violence Project [GLBTQ Domestic Violence Project]
 - 🌈 <http://gmdvp.org/>
 - 🌈 1.800.832.1901M
 - 🌈 support@gmdvp.org

Crisis Intervention

- 🌈 S.A.F.E. Alternatives for Stopping Self Abuse - 1-800-DONT-CUT (366-8288)
- 🌈 National Suicide Prevention Lifeline - 1-800-273-TALK (8255)
 - 🌈 <https://www.imalive.org/>
- 🌈 Trevor Project:
 - 🌈 Tevorspace.org (13-24 LGBTQ community)
 - 🌈 Helpline: 866.4.U.TREVOR (866-488-7386)

Physical and Mental Health

- 🌈 Foothill Aids Project
 - 🌈 233 W. Harrison Avenue, Claremont, CA 91711
- 🌈 Bienstar Pomona (909) 397-7660
 - 🌈 180 E. Mission Blvd. Pomona, CA 91766
- 🌈 Planned Parenthood
 - 🌈 Pomona: 1550 N Garey Avenue Pomona, CA 91767 (800) 576.5544
 - 🌈 Upland: 918 W Foothill Blvd. #A Upland, CA 91786 (909) 890.5511
- 🌈 Kaiser Permanente
 - 🌈 Indian Hill Medical Offices 1-888-750-0036
 - 250 W. San Jose Street, Claremont, CA 91711
 - 🌈 Upland Medical Offices 1-888-750-0036
 - 1183 E. Foothill Blvd., Upland, CA 91786
 - 🌈 Montclair Mental Health Offices 1-866-205-3595
 - 5330 San Bernardino St., Montclair, CA 91763